ROGERS CITY ELEMENTARY SCHOOL - DECEMBER 2020 MENU

MONDAY

TUESDAY

Breakfast: *Chocolate Chip Oatmeal Bar. Yogurt, Craisin & Choice of

Lunch: *Chicken & Cheese Quesadilla, Salsa Cup. Applesauce & Choice of Milk

WEDNESDAY

Breakfast: *Strawberry Danish, String Cheese, Pineapple Cup & Choice of

Lunch: Oven Baked Chicken Drumstick. *Dinner Roll. Corn, Apple & Choice of Milk

THURSDAY

Breakfast: *Nature Valley S'more Bar, Yogurt, Applesauce Cup & Choice of Milk

Lunch: *Grilled Cheese. Tomato Soup, Baby Carrots, Strawberry Cup & Choice of

FRIDAY

Breakfast: *Powdered Donut, Cheese Cubes. Mixed Fruit Cup & Choice of

Lunch: *Pepperoni Pizza, Spinach Salad, Diced Pears & Choice of Milk (Ranch Cup)

Breakfast: Chocolate Banana Bar, String Cheese, Diced Pears & Choice of Milk

Sticks. Mixed Greens. Mixed Fruit & Choice of Milk (Marinara Cup)

ARE **FREE**

* = Whole Grain

The menu is subject to change without notice.

ALL MEALS



If your student has food allergies, please contact Jenna as soon as possible.



Jenna Vekaryasz, **Food Service** Supervisor (989)734-9164

Jenna.vogelheim@rcashurons.org

Breakfast: *Nutrigrain Bar, Yogurt, Diced Peaches & Choice of Milk

Lunch: *Walking Taco. Shredded Lettuce, Tomato, Mixed Berry Cup & Choice of Breakfast: *Cereal Kit. String Cheese & Choice of Milk

Lunch: *Soft Pretzel. Cheese Cup, Green Beans, Yogurt, Apple Slices & Choice Of Milk

Breakfast: *Strawberry Poptarts, Cheese Cubes, Mandarin Oranges & Choice of Milk

Lunch: *Chicken Patty on a Bun. *Cheese Puffs. Fresh Broccoli, Grapes & Choice of

Breakfast: *Mini Waffles, Yogurt, Strawberry Cup & Choice of

Lunch: *Nachos. Shredded Lettuce, Salsa Cup, Diced Pears & Choice of Milk

Lunch: *Cheese Bosco

Breakfast: *Mini Banana Bread Loaf, Yogurt, Mixed Fruit & Choice of Milk

Lunch: *Macaroni & Cheese. Garlic Bread Stick, Green Beans, Diced Pears & Choice

Breakfast: *Powdered Donut, Cheese Cubes, Craisin & Choice of Milk

Lunch: *Peanut Butter & Jelly Sandwich, String Cheese, Cherry Tomatoes, Goldfish Crackers. Craisin & Choice of Milk

Breakfast: *Triple Berry Crunch Bar, Yogurt, Diced Peaches & Choice of Milk

Lunch: *Teriyaki Dippers, Brown Rice. Steamed Broccoli, Mixed Fruit & Choice of Milk

Breakfast: *Cinnamon French Toast, String Cheese, Apple Slices & Choice of Milk

Lunch: *Chicken & Dumplings, Dinner Roll, Green Peas. Pineapple & Choice of Milk

Breakfast: *Honey & Oat Bar, Yogurt, Strawberry Cup & Choice of

Lunch: *Hot Dog on a Bun, Baked Beans, Chez-Its. Grapes & Choice of Milk

Breakfast: * Oatmeal Butterscotch Bar. Cheese Cubes, Pineapple Cup & Choice of Milk

Lunch: *Hamburger/ Cheeseburger on a Bun, Oven Baked Fries, Diced Pears & Choice of Milk

Breakfast: * Cereal Kit, Yogurt & Choice of

Lunch: *Pizza Lunchable. Carrot Sticks, Oranges &

HALF DAY

NO SCHOOL Christmas Break

Hello Becember!

Rogers City Area Schools is an equal opportunity provider.

ROGERS CITY HIGH SCHOOL - DECEMBER 2020 MENU

MONDAY

TUESDAY

Applesauce & Choice of Milk

WEDNESDAY

THURSDAY

Breakfast: *Breakfast

Strawberry Cup & Choice of

Pizza, Yogurt,

FRIDAY

Breakfast: *ZeeZee Bar. Yogurt. Diced Pears & Choice of Milk Lunch: *Chicken & Cheese Quesadilla, Salsa Cup.

Breakfast: *Biscuits & Gravy, Cheese Cubes, Diced Peaches and Choice of Lunch: Oven Baked Chicken

Lunch: *Grilled Cheese. Tomato Soup, Baby Carrots, Corn, Apple & Choice of Milk Strawberry Cup & Choice of

Breakfast: *Cinnamon Toast Crunch Muffin. String Cheese, Pineapple & Choice of Milk

Lunch: *Pepperoni Pizza, Spinach Salad, Diced Pears & Choice of Milk (Ranch Cup)

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ALL MEALS

ARE

FREE



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Breakfast: *Tornados. Cheese Cubes. Oranges & Choice of Milk

Lunch: *Walking Taco. Shredded Lettuce. Tomato. Mixed Berry Cup & Choice of

Breakfast: *Mini Donuts, Yogurt, Apple & Choice of Milk

Lunch: *Soft Pretzel, Cheese Cup, Green Beans, Yogurt, Apple Slices & Choice Of Milk

Breakfast: *Breakfast Sandwich, Mixed Berry Cup & Choice of Milk

Drumstick. *Dinner Roll.

Lunch: *Chicken Patty on a Bun. *Cheese Puffs. Fresh Broccoli, Grapes & Choice of

Breakfast: *Ham & Cheese Omelet. *Buttered Toast, Pineapple & Choice of Milk

Lunch: *Nachos, Shredded Lettuce, Salsa Cup, Diced Pears & Choice of Milk

Breakfast: Chocolate Chip Muffin, Yogurt, Apple & Choice of Milk

Lunch: *Cheese Bosco Sticks, Mixed Greens, Mixed Fruit & Choice of Milk (Marinara Cup)

Breakfast: *Breakfast Burrito, Apple Slices & Choice of Milk

Lunch: *Macaroni & Cheese, Garlic Bread Stick, Green Beans, Diced Pears & Choice of Milk

Breakfast: *Benefit Bar, Cheese Cubes, Diced Pears & Choice of Milk

Lunch: *Peanut Butter & Jelly Sandwich, String Cheese, Cherry Tomatoes, Goldfish Crackers. Craisin & Choice of Milk

Breakfast: *Mini Pancakes, Sausage, Mandarin Oranges & Choice of Milk

Lunch: *Teriyaki Dippers, Brown Rice. Steamed Broccoli, Mixed Fruit & Choice of Milk

Breakfast: *Tornados, Yogurt, Mixed Fruit & Choice of Milk

Lunch: *Chicken & Dumplings, Dinner Roll, Green Peas, Pineapple & Choice of Milk (Ranch Cup)

reakfast: *Cocoa Bread, String Cheese. Diced Pears & Choice of Milk

Lunch: *Hot Dog on a Bun, Baked Beans, Chez-Its, Grapes & Choice of Milk

Breakfast: *French Toast Sticks, Sausage Patty, Pineapple & Choice of

Lunch: *Hamburger/ Cheeseburger on a Bun, Oven Baked Fries, Diced Pears & Choice of Milk

Breakfast: *Strawberry Danish, Yogurt, Diced Peaches & Choice of Milk

HALF DAY

NO SCHOOL Christmas Break

Hello December!